YOUR ROAD TO RESIDENCY STARTS HERE.

Zahra Alami, MD’17
Zahra Alami, MD’17 with RUSM clinical students at St. Joseph Mercy Oakland teaching hospital.
William F. Owen, Jr., MD, FACP, was appointed Dean and Chancellor of Ross University School of Medicine (RUSM) in March, 2017. He is an accomplished medical academician, experienced clinician, highly respected scientific researcher, and a leader in global health-sciences education.

**Career Highlights**
- First African-American Chancellor and Senior Vice President of Health Affairs at the University of Tennessee
- President of the University of Medicine and Dentistry of New Jersey
- Full-time faculty member at Harvard and tenured professor at three institutions, including Duke University

**Education**
- Undergraduate: Brown University
- Medical School: Tufts University School of Medicine
- Residency: Harvard Medical School’s Brigham and Women’s Hospital, Internal Medicine and Nephrology
- Robert Wood Johnson Foundation Fellow in the Minority Medical Faculty Development Program

**Honors and Distinctions**
- Has published more than 180 peer-reviewed articles, chapters, and books to his credit
- Has been honored in the Congressional Record
- Inaugural health policy advisor to the President of the International Association of University Presidents
- Inaugural Chief Executive Officer of Sidra Medical and Research Center in Qatar
Ross University School of Medicine has been providing students with the foundation they need to pursue successful careers in medicine for over 40 years.

The Ross University School of Medicine experience is “Dedita Scientiae Medendi”—dedicated to the science of healing—and we are proud of our rich tradition of helping to prepare students for their life’s work as physicians.

Modeled after curricula used in the United States, RUSM offers an integrated, hands-on medical sciences program that allows faculty to present traditional disciplines in a systems-based learning format, which in turn provides a comprehensive view of how the body works in disease and health. RUSM students spend roughly one-third of their medical education in Barbados. The other two-thirds—the majority of their medical school career—is spent in the U.S. at our partner hospitals.

Whether our alumni are helping to maintain or restore the health of their patients; bringing a new life into the world or supporting one that is nearing the end; taking the lead on coordinating care between providers; or looking for new and better ways to treat disease, they perform these responsibilities with the confidence their training provided, and the knowledge that they have the skills needed to manage today’s healthcare system complexities.

We are facing a healthcare crisis in the United States, with a projected shortfall of between 42,600-121,300 physicians by 2030.* With more than 14,000 alumni, RUSM graduates are playing a vital role in addressing that need.

If you, too, want to become a physician and pursue a life dedicated to caring for others, RUSM can help you get there, every step of the way.

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**ROAD TO RESIDENCY**

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RUSM students in Anatomy Lab.
MEDICAL SCHOOL CURRICULUM YEARS 1 & 2:

MEDICAL SCIENCES

Becoming a physician takes commitment and hard work. Our rigorous medical school program has two curriculum offerings for students to choose from in the basic sciences—a four-semester accelerated track and a five-semester track.

• **Standard Accelerated Curriculum:** This four-semester option features more course modules per semester and does not include integrated study breaks, but you can complete the medical sciences curriculum and move on to the clinical sciences curriculum in approximately 16 months.

• **Ross+:** This track will require you to be on campus for approximately 20 months, or 75 weeks. Study modules are spaced out over five semesters, and the curriculum includes integrated study breaks to encourage and manage knowledge acquisition. You will complete the same coursework as students undergoing the accelerated curriculum.

Both tracks provide students with our curriculum, which incorporates all of the basic sciences into an integrated whole that is aligned with the way the human body works and medicine is practiced. This holistic approach allows students to more effectively master an ever-growing body of biomedical information by making it more relevant in a clinical context through hands-on simulation and standardized patient training, beginning in semester 1.

Why do we do this? Because at Ross University School of Medicine, we understand that in order for our students to be fully prepared for the clinical portion of their training, they need to be immersed in clinical medicine from the onset of their medical school careers.

Learn more by visiting: https://medical.rossu.edu/md-program/curriculum.html

ROAD TO RESIDENCY

**Barbados**

YEARS 1 & 2

Two Options:

**STANDARD ACCELERATED:**
Four semesters (16 months)

**ROSS+:**
Five semesters (20 months)

**YEAR 3**

USMLE STEP 1

CLINICAL
- Internal Medicine Foundations
- Core Rotations

**YEAR 4**

USMLE STEP 2

CLINICAL
- Elective Rotations

**United States**

**EARN YOUR MEDICAL DEGREE (M.D.)**

**USMLE STEP 3**

Ross University School of Medicine
“The curriculum at RUSM is great. [It] really prepares you for clinical rotations. From day one, they start you on how to do a patient interview. The second week you start learning how to do physical exams and sim-lab where you actually practice on [human patient simulators] and listen to heart sounds – it really prepares you for what’s to come in clinicals.”
— Nour Abouhamra, 3rd Semester Student

“The curriculum at RUSM is hands-on. Right from semester 1, we do things like SIM lab, which is an emergency room simulation. We are also trained on basic clinical exam skills, such as lung exam, heart exam, etc. All of these things are helping me prepare and are giving me a feel of what clinicals are going to be like.”
— Blake Studer, 4th Semester Student

**WHY RUSM?**

- In addition to anatomy and radiology labs, RUSM makes extensive use of human patient simulators throughout the curriculum.

- Our technologically enhanced learning environment allows for interactive clinical science teaching with live video links to faculty-patient encounters.

- Clinical skills training begins in semester 1 with introductions to patient history-taking, physical examination, reflex, blood pressure, and auscultation of heart sounds.

**DID YOU KNOW:** RUSM students spend roughly one-third of their medical education in Barbados, the other two-thirds is spent in the US.
Dr. Welke completed her doctoral work in the Department of Anatomy and Neurobiology at Boston University School of Medicine. During her tenure, she worked in the Laboratory for Cognitive Neurobiology and had the unique opportunity to be trained in primate neurosurgery and behavior under several leading experts in temporal lobe anatomy.

There are so many things that make a student from Ross University School of Medicine special. They’re so dedicated, determined, motivated, adaptable, [and] flexible.

“I joined Ross University School of Medicine in 2005. I wanted to be an educator. I found the anatomical sciences and the neurosciences just fascinating, and RUSM provided an environment where I could come and really focus on teaching medical education and giving everything to student success and performance.

Here at Ross University School of Medicine, our curriculum is integrated from semester 1. The Nervous and Psychiatric One module is one that I teach very extensively. We do traditional lectures in the lecture hall and we also do a lab component, which is very much technologically focused where we’re looking at the different parts of the brain, how they function normally, and then also what happens if it’s damaged and what happens in a clinical scenario. We have a neuro wet lab where students can come in and touch and feel and learn from a real brain. We are weaving together technology with classical anatomy.

There are so many things that make a student from Ross University School of Medicine special. They’re so dedicated, determined, motivated, adaptable, [and] flexible. And when they come to the Medical Sciences curriculum, in an international location, it only enhances those skills and abilities. And we further prepare them with this opportunity to go into clinical rotations, succeed there, and then when we see them at graduation it’s just amazing, [their] transformation into caring, competent physicians.”

Laura Welke, PhD
Assistant Dean for Faculty Affairs and Development
Associate Professor, Department of Anatomy

FACULTY SPOTLIGHT
RUSM students in Radiology Lab.
ANATOMY LAB

Looking for a hands-on medical school experience? Look no further. Our Medical Sciences curriculum gives students the opportunity to experience hands-on learning from semester 1, and nowhere is this more the case than in our technologically advanced Center for Anatomical Sciences and Medical Imaging.

Students will be taught with and have access to medical imaging technology, including touchscreen monitors and digital anatomy tables to easily review Anatomical and Radiologic images. They will be able to view normal and abnormal pathology and utilize diagnostic images to review clinical cases for a thorough and engaged clinical anatomy and radiology classroom experience. They will be able to evaluate medical images, such as MRIs, X-rays and CT Scans, and develop the skills to determine the diagnosis and type of treatment a patient needs.

WHY RUSM? Small-group learning experience with faculty skilled in weaving technology with traditional anatomy.
“The simulation labs are really useful. They represent a real hospital situation where RUSM throws you in there so that you can get the feel of it. So, on the first day of your clinicals, you’re not just running around, not knowing what to do. You have some sort of expectation and it teaches you how to operate in the room and how to communicate with your future colleagues.”

– Ariana Goldstein, Semester 8

INTEGRATING HIGH-TECH WITH HANDS-ON

Technology in medicine is of critical importance today, and will likely play an even larger role in the future. Ross University School of Medicine understands this and is committed to providing students with a technologically advanced learning environment, including an internationally accredited Simulation Institute and a Center for Anatomical Sciences and Medical Imaging.

Simulation Lab
The hands-on simulation instruction students receive at RUSM gives them the opportunity to explore, acquire, and practice clinical skills in a safe setting. Beginning in the first semester, students take part in multiple simulations that are closely tied to the curriculum in both timing and content. As they progress, these experiences serve to bring all the skills they’ve acquired over subsequent semesters together to provide the best care possible for many different types of patient care scenarios.

To learn more, visit https://medical.rossu.edu/about/video-guide-to-ross.html
“Technology and medicine go hand in hand. Technology is at the forefront of medical diagnosis, history taking, and physical examinations. Throughout the curriculum at Ross University School of Medicine, we have incorporated the use of technology in all aspects of medical education.”

- Hedda Dyer, MB CHB, MRCS, Associate Professor, Department of Clinical Medicine

WHY RUSM?

- An internationally accredited Simulation Institute designed to replicate a North American emergency room where students have access to sophisticated computerized patient simulators to practice basic and diagnostic treatment skills.

- All Simulation Institute faculty members are MDs who have held positions in academic medicine or private practice.

- Our high-tech simulators blink, speak and breathe, have a heartbeat and pulse, and accurately mirror human responses to procedures such as CPR, intravenous medication, intubation and catheterization.
Upon successful completion of the United States Medical Licensing Exam® (USMLE) Step 1, RUSM students embark on Internal Medicine Foundations (IMF), an intensive, physician-supervised clinical clerkship in Miramar, Fla., specifically geared to facilitate success in subsequent clinical rotations and on the USMLE Step 2. This additional hands-on training through the Center for Haitian Studies and conducted at affiliated hospitals and ambulatory clinics in the Miramar area, allows students to further hone their physical examination, diagnostic, critical thinking, and communication skills, and serves as an important bridge between the first four semesters and the clinical curriculum.

### PATH TO RESIDENCY

**Barbados**

- **YEARS 1 & 2**
  - **FOUNDATIONS OF MEDICINE**
    - Barbados
    - Two Options:
      - Standard Accelerated: Four semesters (16 months)
      - **Ross+**: Five semesters (20 months)
  - **YEAR 3**
    - **USMLE STEP 1**
      - **CLINICAL**
        - Internal Medicine Foundations
        - Core Rotations
  - **YEAR 4**
    - **USMLE STEP 2**
    - **CLINICAL**
      - Elective Rotations

**United States**

- **YEAR 3**
  - **USMLE STEP 2**
- **YEAR 4**
  - **EARN YOUR MEDICAL DEGREE (M.D.)**
  - **RESIDENCY**
    - **USMLE STEP 3**
SMALL GROUP LEARNING
Institutionally reported data 2012-2017

The group in clinical skills and simulation training is split in half into morning and afternoon schedules.

The group training in standardized patient care and simulation training is divided into smaller sub-groups that provides individualized instruction.

RUSM students in Simulation Lab.
CLINICAL EXPERIENCE  YEARS 3 & 4

THE HOSPITAL IS YOUR CLASSROOM

A medical student’s clinical rotations are without a doubt one of the most exciting periods of their entire medical education experience. RUSM students complete the clinical curriculum—and the majority of their training—in the United States at partner teaching hospitals across the country. And because our students are given hands-on experience from semester one, they transition into the clinical semesters with confidence and the tools they need to succeed.

RUSM students have the opportunity to be assigned to a clinical home or “track” where they complete all of their core rotations in one single geographic location. This is important because it not only helps to ensure a consistent clinical experience as they rotate through different disciplines, but it also helps to lower related expenses.

PATH TO RESIDENCY

Barbados

YEARS 1 & 2

FOUNDATIONS OF MEDICINE

Barbados

Two Options:

Standard Accelerated:
Four semesters (16 months)

Ross+:
Five semesters (20 months)

United States

YEAR 3

USMLE STEP 1

CLINICAL

Internal Medicine Foundations

Core Rotations

YEAR 4

USMLE STEP 2

CLINICAL

Elective Rotations

EARN YOUR MEDICAL DEGREE (M.D.)

RESIDENCY

USMLE STEP 3
One of RUSM’s affiliated teaching hospitals, St. Joseph Mercy Oakland (SJMO) is a 443-bed comprehensive medical community. Medical education is central to the mission of SJMO. It is approved by the Accreditation Council for Graduate Medical Education (ACGME) to offer residency training in internal medicine, general surgery, radiology, transitional year, and a fellowship in cardiology. SJMO also uses highly advanced patient-centered technologies, a simulation lab, and robotic surgery via the innovative da Vinci® Surgical System.

“During clinical rotations, we get to be very hands-on with patients. We are able to demonstrate our ability to treat the patient, and apply the knowledge we’ve learnt in basic sciences. You feel like you are taking the next step toward really becoming a doctor.”

– Mary Salim, Class of 2019

“RUSM prepared me very well for clinicals, especially taking Internal Medicine Foundations before entering the hospital. I was able to do patient interviews with confidence and apply a lot of information I learned on the island.”

– Dana Achmar, Class of 2019
## CLINICAL TRACK OPTIONS

### CORE ROTATIONS:

**A TOTAL OF 48 WEEKS**

- **Internal Medicine**
  - 12 weeks

- **Surgery**
  - 12 weeks

- **Pediatrics**
  - 6 weeks

- **Family Medicine**
  - 6 weeks

- **Obstetrics/Gynecology**
  - 6 weeks

- **Psychiatry**
  - 6 weeks

### WHY RUSM?

- Students complete 48 weeks of required clerkships and 30 weeks of electives at affiliated teaching hospitals across the U.S.
- Students have the opportunity to complete all core rotations in one geographic location.
- Students may complete clinical electives at hospitals in the U.S. and Canada with Clinical Department approval.

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### CLINICAL TRACK OPTIONS

#### CALIFORNIA

- **Bakersfield**
  - Kern Medical Center
- **Los Angeles**
  - California Hospital Medical Center

#### MARYLAND

- **Cheverly**
  - University of Maryland
  - Prince George’s Hospital Center

#### BELTWAY TRACK

- **Baltimore**
  - Saint Agnes Hospital
- **Silver Spring**
  - Holy Cross Hospital
- **Washington D.C.**
  - St. Elizabeth’s Hospital
- **Cheverly**
  - University of Maryland
  - Prince George’s Hospital Center

#### CONNECTICUT

- **WCHN TRACK**
  - Danbury
  - Danbury Hospital
  - Norwalk
  - Norwalk Hospital

#### FLORIDA

- **Miami**
  - Center for Haitian Studies

#### SOUTH FLORIDA TRACK

- **Miami**
  - Center for Haitian Studies
  - Weston
  - Cleveland Clinic Florida

#### MICHIGAN

- **Pontiac**
  - St. Joseph Mercy Oakland Hospital

#### NEW YORK / NEW JERSEY

- **Far Rockaway (Queens)**
  - St. John’s Episcopal Hospital
  - Oceanside
  - South Nassau Communities Hospital
  - Jamaica Hospital Medical Center

#### BQNJ TRACK

- **Brooklyn**
  - Brookdale University Hospital and Medical Center
  - Far Rockaway (Queens)
  - St. John’s Episcopal Hospital
  - Hoboken
  - Hoboken University Medical Center
GRADUATION & RESIDENCY

The steps to receiving your medical degree at RUSM are exactly the same as those of a U.S. medical school—successful completion of the medical school curricula and clinical rotations, and passage of all three parts of the USMLE.

Once all of these milestones have been achieved, students receive their Doctor of Medicine (MD) degree and embark on a new path—residency!

There’s nothing quite like Match Day at Ross University School of Medicine. Each year, literally hundreds of our graduates receive the news that they have reached their goal and matched in their chosen specialties at leading hospitals across the U.S. and Canada. And with more than 14,000 alumni, we are inspired every day by the difference they are making in the world.

Learn more by visiting https://medical.rossu.edu/student-life/graduation.html

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RUSM students at Commencement.
RUSM Students celebrating Match Day 2018.

627 Did You Know?
627 current and former RUSM graduates attained residency appointments in 2018.1

For the complete 2018 list of RUSM residency attainment rates and specialties please visit https://medical.rossu.edu/md-program/residency1.html

1According to the National Residency Matching Program and institutionally reported data.
RESIDENCY SPOTLIGHT:

Focus on Patient Care

A native of British Columbia, Canada, Mehran Giblin, MD ’16, obtained a residency in Internal Medicine at Legacy Emanuel Hospital and Health Center, Portland, OR, and is looking forward to having the opportunity to manage and treat a variety of diseases and coordinate care for his patients with a group of highly skilled medical colleagues.

“I was ready to take on an exciting and challenging new career and felt that medicine was the right fit. Having been a few years removed from my undergraduate degree with an average GPA, I knew that my entry to Canadian or U.S. schools would be difficult. Despite that, I stayed committed to my goal of becoming a doctor and decided to search for alternative paths. While researching programs, I remembered that a long-time friend had gone to RUSM many years prior and decided to reach out to him to ask questions about his experiences as a student in Dominica, residency life, and how he was planning to start his own medical practice. After a great deal of reflection and discussion with my family, I decided to take the leap and applied to Ross University School of Medicine. That was a little over five years ago now, and I haven’t looked back.”

Undergraduate: Simon Fraser University

A Dream Fulfilled, A Passion Realized

Eliza Slama, MD ’16, obtained a residency in Categorical Surgery at St. Agnes Hospital in Baltimore, MD. She describes surgery as her “passion” and is eager to use the experience she has gained from attending an international medical school along with the experience she will gain in residency to help her practice surgery on a global scale. A transfer student, Dr. Slama chose RUSM because of its broad clinical network.

“By broad clinical network, I mean [RUSM has] rotation sites at many places across the United States, as well as rotations where there are residency programs, which I found to be a key choice in my transfer, as well as places where international medical graduates were matching for residency. I think transferring to RUSM has been the best career choice I have made.”

Undergraduate: Florida State University

Don’t Stop Believing

Myrline Rose Belzince ’17, obtained a triple board training residency in Pediatrics, Psychiatry, and Child and Adolescent Psychiatry at Tulane University School of Medicine in New Orleans, LA. At the end of the five-year, highly competitive program, Dr. Belzince will be board-eligible in all three disciplines. Having overcome many obstacles in her pursuit to become a physician, she is committed to sharing her story to help empower women to follow their own dreams.

“What my MD degree and journey represent to me is that every girl and woman can achieve what they want,” she says. “There was a part of me that was not satisfied with what I was doing. I worked with great people and I had wonderful experiences, but something was missing. In order to make the impact that I wanted to have, I had to take a leap. A lot of people thought I was crazy, but I knew it would be all right because I was going to work hard for it. Going to medical school was one of the best decisions I have made.”

Undergraduate: University of Massachusetts
ALUMNUS PROFILE

Armin Kamyab, MD ’08
Chief of Surgery, Cox Monett Hospital, Monett, MO

Born in Paris and raised in Toronto, Armin Kamyab, MD ’08, describes himself as an “adventurer” – a trait that has served him well over his journey from a medical student at RUSM, to a general surgery intern at the Mayo Clinic, to fulfilling his lifelong dream of becoming a board-certified general surgeon who now holds the position of chief of surgery at a prominent Midwestern hospital.

According to Dr. Kamyab, the idea of becoming a surgeon started when he underwent foot surgery as a five year old. “Although the procedure wasn’t serious, it definitely left an impression on me,” he explains.

During senior year at the University of Toronto, Dr. Kamyab realized that the chance of acceptance into a Canadian medical school was slim. Determined to be a surgeon, he evaluated his options. “My uncle graduated from Ross University School of Medicine in ’88. I knew RUSM would get me where I wanted to go. It was the only medical school that I applied to,” he says.

Dr. Kamyab describes his experience at RUSM as “fantastic,” and notes that he and his fellow students were there for one purpose: “To learn medicine, do well on the USMLE, and attain a great residency position.”

Dr. Kamyab is also a huge fan of Dominica. “It’s a beautiful island. If you have time to go to the beach and do some hiking, you can have an excellent year and a half while you study there. I met a lot of good people, and we’re still friends to this day,” he says.

“After finishing my medical education in just over three years, I then matched at the Mayo Clinic. A lot of people think getting into a place like Mayo takes connections, but I [didn’t] have any. It takes hard work, dedication, great Step scores and letters of recommendation from your rotation doctors. You have to demonstrate that [surgery] is what you want to do.”

He adds, “Now here I am. 10 years after starting med school, I am a board-certified general surgeon. RUSM gave me the opportunity to do what I’ve always wanted to do.”
Growing up in Florida, Lillian often visited her father’s family medicine practice as a patient or visitor. She believes that’s where her dreams to follow in her father’s footsteps began to blossom.

When Lilian was in undergrad at NYU, her college advisor urged Sarfati against applying to medical school, suggesting she go to nursing or become a physician’s assistant instead, since she repeated a chemistry class and her MCAT scores were below the national average. At the recommendation of a family friend, a successful allergist, she entered a master’s program while simultaneously applying to Ross University School of Medicine. A week after she handed over the check for the master’s program, RUSM accepted her. She gave the master’s program a shot anyway, just to see how she felt about it. She soon realized that her and her classmates were all trying to strengthen their resume to get into an American MD program, but there was no guarantee. She considered the opportunity at RUSM again and made her decision to attend.

During her medical sciences courses, Lilian got to work and focused on studying with the end goal of becoming a physician. It didn’t come easily and Lilian had to repeat her first semester after failing a vital biochemistry exam, but that didn’t stop her, it continued to motivate her. RUSM put all the repeaters into a group and a tutor advised the students of different study strategies and learning method. Once she settled on the right strategies for her, her test anxiety vanished. She never repeated another semester, and she never failed a test again.

During her Clinical Rotations, her father – her best friend and mentor passed away. Looking back, she realizes it was better that she was in clinicals during his passing, she recalls he often told her – Don’t let anything paralyze you and just keep going.

Upon graduation in 2012, Lilian attained a residency at Jackson Memorial in Family Medicine. She then went on to complete a Dermatology Fellowship at the University of Texas Health Science Center and is now a practicing Dermatologist in New York.
FACULTY THAT PUTS YOU FIRST

The guiding force behind our students’ success is our talented faculty, who have been selected for their commitment to teaching. At RUSM, we have a 26:1 student/faculty ratio. Our faculty’s primary responsibility is teaching, giving them the ability to focus their time and energy on one thing — their students.

RUSM students also have access to the Center for Teaching and Learning (CTL). Created to help maximize each and every student’s potential for academic success, the CTL pairs students with faculty mentors who help guide them through their entire medical school experience, connect them with resources, and provide valuable learning strategies and individual support.

To learn more, visit medical.rossu.edu/md-program/faculty.html

ONLY 26:1 STUDENT/FACULTY RATIO

“The faculty at Ross University School of Medicine work hand-in-hand with you because they want you to succeed.”

– Blake Studer, 4th Semester Student

Curious to know what will be expected of you at RUSM? We provide a pre-matriculation course to help new students get the feel of our medical school curriculum before they even arrive on campus.

To learn more, https://medical.rossu.edu/admissions/merp.html

“The Center for Teaching and learning has been integral to my success. The tutoring is provided for free if you need help in any type of subject. The CTL has been huge for me.”

– Andrew Bleinberger, Class of 2020

As of September 2018.
ROSS STUDENT PROFILE
ALL ENROLLED STUDENTS IN 2017-18 ACADEMIC YEAR

2017-18

88%
US CITIZEN/PERMANENT RESIDENT

9%
CANADIAN

3%
OTHER

24%
Asian

28%
Unknown

23%
White / Non-Hispanic

1%
Two or More Races

14%
Black or African American

1%
Hispanic

10%
Two or More Races

Students are not required to report Race/Ethnicity. Less than 1% Native Hawaiians or Other Pacific Islanders.

Institutionally reported data.

AGE at PROGRAM START

BETWEEN 22-29 YEARS OLD

80%
MALE

48%
FEMALE

52%
MALE

GENDER of RUSM STUDENTS

TOTAL RACE/ETHNICITY
With so many things to see and do in Barbados, your time on the island is sure to go by in a flash. And while your primary focus will be your medical studies, it’s important to take a break every now and again to rest and recharge and experience this truly unique place, where Bajan culture meets the modern world.

The new home of our Medical Sciences campus is located in Barbados’ capital city of Bridgeport, where you’ll find both vibrant street vendors and sleek commercial complexes. In fact, you may just find yourself a local at the mall directly across the street from campus, where you will find an array of shopping and dining options.

And because we understand the demanding schedule you will be keeping as a medical student, our new campus community was truly designed to meet all of your needs. Features include:

- **A contemporary residential community.** Built casita-style, which in Spanish means “little house,” each custom residence features a kitchen furnished with new appliances, living room, dining area, and your own yard space – not to mention modern conveniences and amenities right outside your door.

- **Shopping.** A grocery store is located on residential grounds, which contains many of your favorite brands from home, as well as fresh local produce. You’ll even be able to find specialty options, including gluten-free, allergy friendly, and organic products.

- **Wellness.** A modern gym, equipped with exercise machines and group classes, as well as a Medical Center and pharmacy.

- **Modern Amenities.** On village grounds, you will also find a day care, restaurants, and salons.

- **Transportation.** The RUSM Bus System will provide transportation to and from campus and other designated areas of the island. There is also a parking garage with dedicated spaces for RUSM staff and students.

- **Campus Safety.** Ross University School of Medicine provides 24-hour, seven-day a week security for the Bridgetown campus. Security is also provided at clinical facilities where students complete various assignments and clerkships.

Upon arrival you will be met at the Grantley Adams International Airport and taken to your island home or the RUSM Residential Village.

In short, with so much on campus, and even more off, everything you need to feel comfortable and productive is close at hand in Bridgetown – your home away from home!
Ross University School of Medicine

ACADEMIC LIFE

NEW MEDICAL SCIENCES CAMPUS IN BRIDGETOWN

With over 40 years of experience in medical school academic excellence, Ross University School of Medicine is proud to expand our heritage to Barbados with the inauguration of our new Medical Sciences campus at the Lloyd Erskine Sandiford Centre in January 2019.

The facility’s most significant feature will be the expansive, clinical learning laboratories. The new campus will be designed to provide a contemporary learning environment that will prepare today’s medical students to meet the complex needs of their future patients.

CLINICAL LABS*

Anatomy & Radiology Imaging Lab: Students will be taught with and have access to medical imaging technology, including touchscreen monitors and digital anatomy tables to easily review Anatomical and Radiologic images. They will be able to view normal and abnormal pathology and utilize diagnostic images to review clinical cases for a thorough and engaged clinical anatomy and radiology classroom experience. They will be able to evaluate medical images, such as MRIs, X-rays and CT Scans, and develop the skills to determine the diagnosis and type of treatment a patient needs.

Physiology Lab: Fully equipped with an array of progressive human research technologies, this innovative lab will be dedicated to actively exploring the physiological function and regulation of major organ systems and their components in the human body.

Pathology Lab: Featuring a contemporary microscopy lab, students will have access to microscope demonstrations and evaluation tests. They will be able to analyze prepared bodily fluids and tissue slides, further developing their working knowledge in chemistry, clinical microbiology, hematology and molecular pathology.

EXAM ROOMS

Each of the exam rooms will be designed to replicate the out-patient setting, fully equipped to mimic contemporary exam rooms. These simulations involving standardized patients will be designed to teach and evaluate students’ history taking, examination, and communication skills.

SIMULATION LABS

With rooms replicating a typical hospital setting, each space will be equipped with current medical technologies and Human Patient Simulators to help prepare students to provide quality and competent care. Students will be able to imitate complex, real-life patient scenarios, enhancing their clinical reasoning, critical thinking, and communication skills.

* Medical Lab equipment will be available, aligning with the Medical Sciences curriculum.
CAMPUS ESSENTIALS
Upon arrival at the Bridgetown Campus, you will find Student Services, IT Helpdesk, and the Student Center complete with an open study area, lounge, dining hall with a coffee and snack shop. Across the street from campus is a local mall, with an array of dining options.

SPACE TO LEARN
A captivating learning environment will be designed, complete with contemporary classrooms, the University library, quiet study area that will be furnished with private learning pods, and breakout rooms for lively discussions. The Academy of Teaching & Learning (ATL) and Multi-purpose Lab (MPL) will also be available. The upper floors will also unveil an open roof deck, offering students a gorgeous and panoramic view of the southwest of Barbados, for a quick lunch or study break.

FACULTY & STAFF
University faculty and staff office area will also have an open collaborative and creative workspace, allowing students and professors to openly discuss academic topics and ideas.
RUSM RESIDENTIAL VILLAGE

HOUSING COMMUNITY

Your home during Medical Sciences is a contemporary residential community with modern conveniences and amenities right outside your door. The casitas include private bedrooms and shared living spaces – including a kitchen furnished with new appliances, living room, dining area and your own landscaped outdoor yard.

Shopping: A fresh grocery store located on residential grounds contains many of your favorite brands from home and garden-fresh local produce; specialty products are readily available, including gluten-free, allergen friendly & organic options. Also, local shopping abounds in surrounding areas.

Wellness: A modern gym equipped with exercise machines and group classes, a soccer field, a basketball court and tennis courts in the community offers endless wellness opportunities. A medical center and pharmacy ensures quality healthcare is readily available.

Modern Amenities: On village grounds, you will also find a day care, restaurants and salons for your convenience. Local tourist destinations, places of worship, a variety of chain stores and restaurants with accessible transportation to campus and surrounding areas, keep your daily life hassle free.

Transportation: The RUSM Bus System will provide transportation to and from campus and other designated areas of the island. There is a parking garage on campus will have spaces dedicated for RUSM staff and students.

STUDENT ISLAND LIFE: BARBADOS

A Unique Culture: Settled by the English in 1620s and gaining independence in 1966, Barbados offers a distinct culture deeply rooted in a mixture of English, Scottish, Irish and African heritages. Virtually everyone on the island speaks English and the cultural mix is most evident in the traditional music of the tuk band, a combination of Scottish fife and African drum and their creole inspired cuisine.

Island Charm: Barbados is 24 miles long and 14 miles wide and completely surrounded by the Atlantic Ocean. It’s the only coral island with gorgeous, all white sand beaches. Barbados also offers its own 7 natural wonders to explore.

Weather: The average daily temperature is about 80°F with cooling, coastal North-East trade-winds from the Atlantic Ocean.

DID YOU KNOW: The name Barbados is derived from the Bearded Fig Trees once abundant on the island.
JOIN THE CLUB

At RUSM, we have more than 40 clubs and organizations on campus to spark your extracurricular interest — even outdoor activities like soccer, mixed martial arts, and cricket. These clubs include:

- Student Government Association
- Medical Groups

MEDICAL GROUPS
- American Medical Student Association (AMSA)
- Collegium Aesculapium
- Family Medicine Club
- Neuroscience Society
- Ophthalmology Interest Club (OPTIC)
- Ross Emergency Medical Services (EMS)
- Ross Emergency Medicine Association (REMA)
- Ross Global Public Health
- Ross Internal Medicine
- Ross OB/GYN
- Ross Oncology Society
- Ross Radiology Club
- Ross University Academic Research Society (RUARS)
- Ross University Association of Women Surgeons (AWS)
- Ross University Cardiology Club
- Ross University Pediatric Students Association (PEDS)
- Ross University Psychiatry Association (RUPA)
- Ross University Sports Medicine Association
- Student National Medical Association (SNMA)
- Surgery Interest Group

RELIGIOUS/CULTURE GROUPS
- Arab Students Association
- Asian Student Association
- Canadian Students Society
- Hindu Student Council
- Indian Students Association
- Jewish Student Association
- Muslim Student Association (MSA)
- Organization of African Students (OAS)
- Organization of Latin American Students (OLAS)
- Ross Adventist Fellowship (RAF)
- Ross Catholic Student Association (RCSA)
- Ross Christian Fellowship (RCF)
- Ross Orthodox Coptic Christians
- Sikh Student Association (SSA)
- Southern Comfort

MISCELLANEOUS GROUPS/ACTIVITIES
- In.Light.In
- La Luz De Barbados
- Northern District Progressive
- Phi Delta Epsilon (Epsilon Beta Chapter)
- Ross Spouses Organization
- Salybia Mission Project
- PAWS @ RUSM
- Ross Spectrum Medical Alliance
- RUSM Band

And more…
TAKING THE NEXT STEP

Our Admissions Committee uses a holistic admissions approach to evaluate each and every applicant. This means that we look at your entire achievement history, including factors such as undergraduate performance, knowledge of the medical profession, interpersonal skills, motivation, personal character, and clinical experience. And while GPA and MCAT scores are also considered, they are not used as a cutoff. This approach has given many of our graduates a chance they may not have found elsewhere.

INTERNATIONAL APPLICANTS

If you have completed your undergraduate studies in countries that have an educational system different from that of the United States or Canada, you will be evaluated on your merits but will be expected to have completed a pre-medical curriculum comparable to that described above.

Examination Requirements

MCAT

Ross University School of Medicine requires that all applicants take the Medical College Admission Test (MCAT). Aspiring medical school students may apply prior to taking the MCAT, but must submit their scores prior to the interview. Ross University School of Medicine’s MCAT institutional code number is 906.

TOEFL

The Test of English as a Foreign Language® (TOEFL) measures the ability of non-native speakers of English to use and understand English as it is spoken, written, and heard in college and university settings. If less than 60 upper-division credits were earned from an English language college or university, the applicant will need to provide all official records of scores for the TOEFL. The minimum acceptable score is 550 on the paper-based test, or 213 on the computer-based test. The TOEFL institutional code for Ross University School of Medicine is 9614.

REQUIRED PREREQUISITE COURSEWORK

Prerequisite courses cannot be more than 10 years old. The coursework should include the following prerequisite courses:

- **Inorganic or General Chemistry**: Two semesters (eight semester hours) with laboratories
- **Organic Chemistry**: Two semesters (eight semester hours) with laboratories
- **General Biology or Zoology**: Two semesters of biology or zoology with laboratories
- **Physics**: Two semesters (eight semester hours) with laboratories
- **Mathematics**: One semester of college-level mathematics (three semester hours), preferably calculus or statistics
- **English**: Two semesters (six semester hours). Canadian students may satisfy the English requirements in four possible ways: (1) two semesters of University humanities where essays composed at least 40% of the overall mark, (2) those holding a grade 13 English credit in Ontario, (3) International Baccalaureate English and (4) Advanced Placement English.

Substitutions and/or exceptions are made on a case by case basis at the discretion of the Admissions Dean and Faculty Admissions Committee.
TUITION

<table>
<thead>
<tr>
<th></th>
<th>Foundations of Medicine (FOM)</th>
<th>Semester 5 FOM* (Ross + Students Only)</th>
<th>Clinical Clerkships, Including Internal Medicine Foundations (IMF)**</th>
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<tbody>
<tr>
<td>Tuition per semester</td>
<td>$23,240</td>
<td>$17,430</td>
<td>$25,650</td>
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<td>Flat Rate: 9-21 credits</td>
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<td>Student Government Fee per semester</td>
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<td>Education Resource Fee per semester</td>
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<td>Health Insurance Fee per semester</td>
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Medical school is a major investment in your child’s future. To help offset the cost, scholarships and financial aid are available to eligible students, which is intended to fill any gaps that may exist between your family’s ability to afford educational expenses and the cost of attendance. Typically, students at RUSM finance the cost of their education by combining family resources, federal student loans and scholarships, and loans from other sources.

Because RUSM is recognized by the U.S. Department of Education, students are eligible for Federal Stafford Loans. Canadian students have various options available to them to help financial their education, such as provincial and private loans. Eligible Canadian students can qualify for scholarships as well.

To learn more and see if your child meets the eligibility criteria, visit https://medical.rossu.edu/admissions/financial-aid.html

Please see the Student Handbook for tuition and refund policies. Students must pay for all courses taken.

*Students in the Ross + curriculum take 5 semesters of Foundations of Medicine and 6 semesters of clinical clerkships for a total of 11 semesters. Students in the Standard Accelerated curriculum take 4 semesters of Foundations of Medicine and 6 semesters of Clinical Clerkships for a total of 10 semesters.

**The rates represented above represents a full-time, 15 week/credit schedule each semester. Tuition will be prorated per clinical at a rate of $1,710 per credit/week and the Educational Resource Fee at $26.50 per credit/week. The Clinical Student Government Fee is not subject to proration. Health Insurance is billed on a periodic basis in September, January and May regardless of schedule and is not subject to proration.

DID YOU KNOW: Ross’s three-year cohort default rate for the most recently published year (2014) is 0.7%.
Beaches in Christ Church, Barbados